

Seasonal Flu Shot Clinics

The Center for Disease Control (CDC) and your Parish Nurses are urging everyone to receive their seasonal flu shot as soon as possible.

Area clinics and pharmacies are making these shots available.

The following schedule was last updated on:

September 14, 2009.

- **Cub Pharmacy**, both locations:
 - September 16, 17, 18 2 – 8 pm
 - September 19 10 – 4 pm
 - September 23, 24, 25 2 – 8 pm
 - September 26 10 – 4 pm
 - October 7, 8, 9 2 – 8 pm
 - October 10 10 – 4 pm

- **Coborn's & Cashwise**:
 - Locations with in-store medical clinics will begin accepting walk-ins on September 15th
 - Cashwise
 - Cooper Avenue
 - Sauk Rapids
 - Some locations will be offering flu shot clinics
 - Cooper Avenue: Oct. 7th, 2 – 7 pm
 - Centennial: Oct. 9th, 2 – 7 pm
 - Sartell: Oct. 15th, 2 – 7 pm

- **CentraCare**: Complete schedule will be published in the paper
 - River Campus
 - Call: 240-2203 Oct. 6, 8, 13, 22, & 29 8:00am – 5:00pm - Adults only
 - Plaza – Internal Medicine
 - Call: 229-4928 Oct. 7, 14, & 28 8:00am – 5:00pm - Adults only
 - Plaza – Women-Children
 - Call: 654-3630 Oct. 1, 5, & 8, 3:00pm – 7:30pm
 - Oct. 2 & 9 8:00am – 5:00pm
 - Plaza – Family Medicine
 - Call: 229-4917 Oct. 5 & 21; Nov. 9 & 19 8:00am – 5:00pm
 - CentraCare Heartland Oct. 14, & 20, Nov. 3, & 17 8:30am – 4:30pm

- **Health Partners**: You can call 253-5220 to schedule an appointment. Otherwise, walk-in flu shot clinics will be held on
 - September 9, & 10 2:00pm to 8:00pm
 - Sept. 11th 10:00am to 3:00pm

- **St. Cloud Medical Group**: Starting September 14th, thru the third week of October. Appointments accepted for days, weekends and evenings
 - Northwest Clinic call: 202-8949
 - South Clinic call: 251-8181

- **WalMart**:
 - Sept. 30 & Oct. 1 11:00am – 3:00pm

- **Target – Crossroads**:
 - Sat. Oct. 10 & Sat. Oct. 31 10:00am – 3:00pm

- **Target – East Side**:
 - Sat. Oct. 3 & Sat. Oct. 24 2:00pm – 6:00pm

- **Shopko West**:
 - Schedule not yet set

- **Shopko East**:
 - Schedule not yet set

- **Walgreen's**: All locations are accepting walk-ins, no appointments needed
 - 25th Avenue Sept. 8th until ? 10:00am – 4:00pm, every day
 - Waite Park Sept. 8th until ? 10:00am – 4:00pm, every day
 - Sauk Rapids Sept. 8th until ? 10:00am – 4:00pm, every day
 - Sartell Sept. 8th until Oct. 1st 10:00am – 4:00pm, every day

Parish Nurses:

St. Paul's - Dee Hanisch, Claire Stock

St. Peter's - Connie Moline, Bea Gazett, Marva Jorgensen